

1 Heroes



How can we find out about the past?

- We can talk to people who are older than us.
- We can look at photos that were taken in the past.
- We can read books.
- We can read journals or diaries.
- We can visit statues of significant people.
- Sources tell us about the past.
- We don't always have photos of the distant past.

How has nursing changed over time?

- In the past, nurses were not trained.
- People were treated at home or on the battlefield.
- Today, you need to train and study to become a nurse.
- People are treated in hospitals or care homes today.



Elizabeth Nneka Anionwu



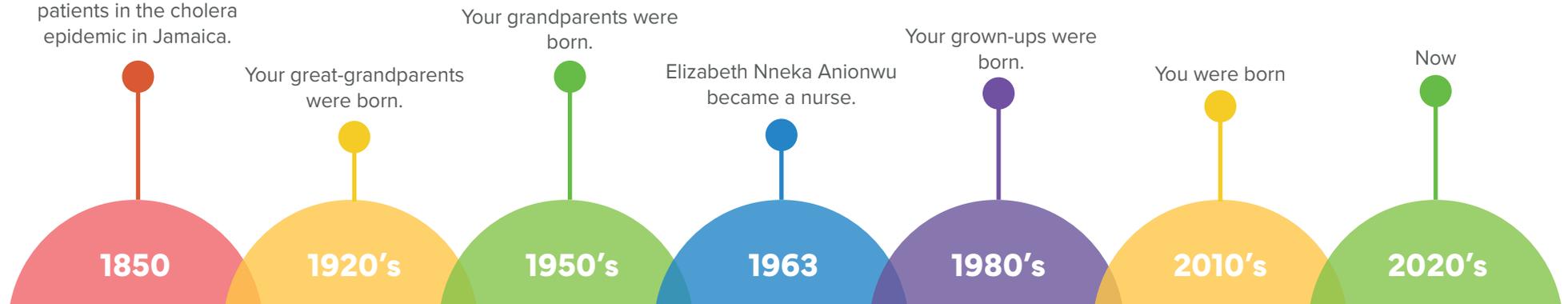
Mary Seacole

Who were Mary Seacole and Dame Elizabeth Nneka Anionwu?

- They were both nurses.
- They were both famous for making a difference.
- They both overcame barriers to help others.
- Mary Seacole was alive a long time ago.
- Mary Seacole helped people with cholera.
- Elizabeth Nneka Anionwu helped people with sickle cell disease.



Mary Seacole nursed patients in the cholera epidemic in Jamaica.



1850

Nurse

A person who looks after the sick.

Century

100 years.

Past

End something by damaging it.

1950's

Distant past

Run away from something dangerous.

1963

Recent past

Less than 100 years ago.

1980's

Change

Make something different.

2010's

Source

Something that tells us about History.

2020's

History

Learning about the past.