

The almost pancake edition!

Don't forget to get the children to move, walk, jog, run and play games after school or at weekends. Don't allow them to just sit in front of the tv or on computer games!



Friday 14th February 2020

Fly me to Beckford

A Sports Newsletter for
Beckford Primary School

Beckford finish 3rd in Camden schools sports hall athletics championships!!!



On Thursday 9th January the year 5/6 athletics team took part in the Camden Schools sports hall athletics championships and finished in 3rd place. This was the first time Beckford had finished in the top 3 and it was down to all the children giving it their best effort in all their events. Some of the highlights for me were as follows:

Ezra - winning the standing long jump and standing triple jump!

The girls triple jumpers who were the best team (Ezra, Scarlett and Char Rai).

The girls long jumpers who were the best team (Ezra, Scarlett and Danielle)

The boys over under race team who managed to win the race. Well done to Junayd, Hadi, Yi Long and Harrison.

Seren Year 4

I dance!!!



Seren is a keen jazz and acro dancer and recently took part in a show at Wembley!!! Over 300 dancers took part in a show celebrating Brent as the London Capital of Culture Borough.

If you play sport and train at a club outside of school please send a picture to the office for the attention of Mr Purcell with a brief description of your participation. I can't guarantee that I'll be able to include you all, but I'll try!!

Camden sport for all year 5 dodgeball



**SCHOOL
GAMES**

**SCHOOL
GAMES**

**SCHOOL
GAMES**

Dodgeball continues to be popular at Beckford and on the Wednesday 30th January it was the turn of year 5 to have a go. The children were very enthusiastic and had great fun dodging and throwing in this quick fire sport. Well done all, and a special well done to Danielle in Year 5 who made his Beckford debut and had a wonderful wonderful evening.

Year 5 dodgeball



Chance to shine Middlesex cricket coaching

We have been fortunate to have the chance to shine cricket programme delivered by Middlesex County Cricket again this year for our year 2 & 3 pupils. Sam Pimm has been working on some fundamentals of the game during lessons on Wednesday's for the past 6 weeks. He's also been working with our year 5&6 girls cricket team during lunchtime so that their ready for the Camden tournament in the summer. Thanks to Sam, chance to shine and Middlesex for such wonderful support.



Chance to shine
BRINGING CRICKET TO STATE SCHOOLS

Year 5/6 Arsenal boys football tournament

After a tough opening group in the main competition (won 1 and lost 2) the boys went into the plate finals (a bit like the Europa league). We were undefeated in our group against tough opponents which was down to a real commitment from them as a team to work hard in all areas of the pitch. Arjuna and Simon both scored terrific goals worthy of match of the day! As a result we qualified for the final against Newington Green. Both teams were well matched but we did look the more likely to score and even missed a penalty! The game went into extra time but finished 0-0 which took us into penalties which ended 4-4. We then entered sudden death but unfortunately we missed after Newington Green had scored. I'm really proud of all the boys who made great progress throughout the tournament and were a little unlucky in the end.



Plate cup runners up!!!

Camden Schools badminton festival

On Wednesday 22nd January Beckford took part in Camden Schools badminton festival at Talacre sports centre. The children got a chance to learn some skills before playing lots of friendly games against children from various schools. In this competition a draw takes place to decide who will represent Camden in the London Youth Games. We were given the chance to pick a name out of the hat and amazing Mazin stepped up to pick Beckford out and qualify us for the finals!!!!!! 'FIX' I hear you shout! All done fairly and just a very lucky lad!!!! Well done everyone and thanks Mazin!



Camden inclusive athletics



On Tuesday 15th January our 'Change for life' sports club attended Camden inclusive athletics event at Talacre Sports centre. The children had a great day in a friendly environment where they had a chance to have a go at various athletic events. A special well done to Lottie, Joseph, Thomas and Samuel who received individual medals for their amazing performances. The 'change for life' club takes place every Tuesday lunchtime from 12.30-1pm for a select group of pupils from years 4-6. The aim is to give the children an extra opportunity to be active and get fit in a very inclusive and supportive environment.

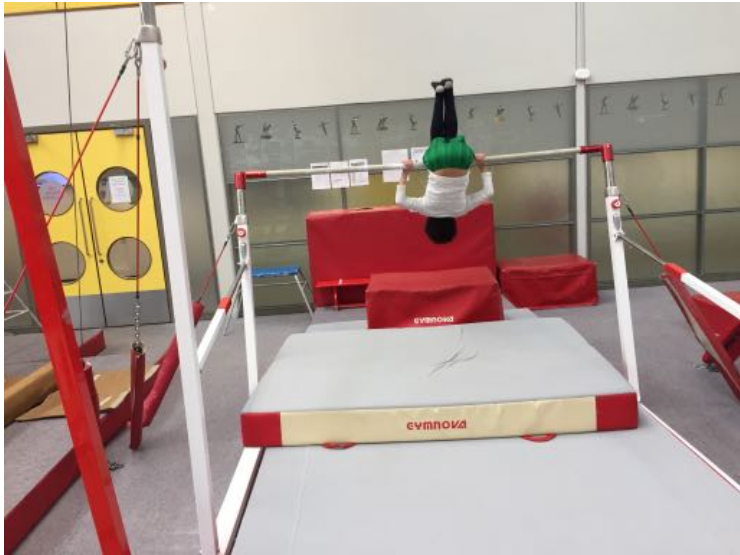


CSSA year 3 dodgeball

On Wednesday 15th January we took part in the year 3 Camden Schools Sports Association dodgeball competition at Talacre sports centre. The children were all mixed into various teams with children from other schools and played 7 fast paced games. For many of the children this was their first experience of taking part in a competition. It was great to see so many happy children enjoying making new friends and putting lots of effort in. Very proud of you all, well done.



Camden inclusive gymnastics



On Tuesday 11th February 7 pupils attended the inclusive gymnastics event at Talacre sports centre. They all completed a mini sequence of moves and then had some free time to use the apparatus and foam pit!!! Faith was even brave enough to try some inverted moves on the bars!!!

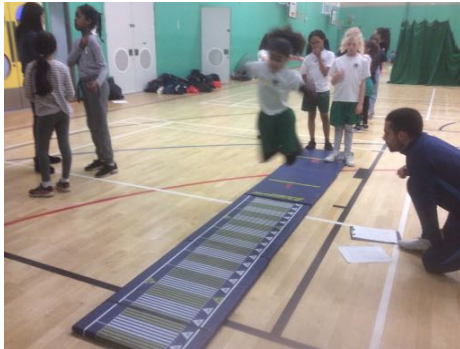


Camden sport for all year 3/4 athletics

On Wednesday 5th February we attended a 'have ago'sports hall athletics event at Talacre Sport centre for year 4. They got a chance to do lots of running, obstacle courses and various jumps throughout the event. I was really impressed with how fast the children ran and with how much they had remembered from PE lessons about how we achieve our personal best. 11 out of our 10 pupils remembered how to do the triple jump without a reminder and the other pupil only needed a quick reminder. Pretty amazing for such a difficult event! This was great preparation for the outdoor events which we will attend in the summer. Well done everyone.



Camden year 4 sports for all athletics



Intra class sports competitions

The participation figures for inter school sport participation are included for years 3-6 below. These show the percentage of children who have had at least one opportunity to participate in inter School sport for Beckford. To receive an invite children need to bring PE kit and follow the golden rules in PE lessons. You will see that the figures are a little low in year 3 where there are fewer competitions and particularly at the start of the academic year. Hopefully we will improve this in the second half of the year.

Year 6 = 97%



Year 3 = 74%

***Year 4 =
100%***

Year 5 = 95%



Intra class competitions 2019-20

The competition is hotting up and the year 5 & 6 children have just completed Wiff Waff, A.K.A table tennis. Lots of the children have had chance to play on the tables this year and it really showed in their improved skills. Leading the way were Arjuna and Noah who could probably beat most of the Beckford staff with their amazing skills! (There's a challenge).

Leaders

Year 3

Mersey 530

Thames 460

Trent 480

Mersey!!



Year 4

Rhine 480

Danube 460

Seine 440

Rhine!!



Year 5

Ganges 752

Mississippi 784

Yangtze 691

Mississippi !!



Year 6

Congo 730

Amazon 880

Nile 700

Amazon





SPORT
ENGLAND



Sprint, run, throw and jump into athletics!

***At Parliament Hill Track
Sunday 3rd March, 5th
April & 3rd May 2020
Registration from 11.30 and
events 12 to 2pm***

How fast can you sprint?

How far can you throw?

What's your longest long jump?

Got the stamina to race for two minutes?

This event is run by qualified coaches and is perfect for children aged up to 12. Entry £3 which includes a certificate and refreshments.

No pre-registration necessary, just turn up on the day from half an hour before the event starts. For further details email Brenda Myers highgateharriersquadkids@gmail.com



North London
Athletics Network



Highgate Harriers
www.highgateharriers.org.uk



HEATHSIDE
London Heathside
www.londonheathside.org.uk



Shalfordbury Barnet Harriers
www.sbfharriers.co.uk

Middlesex
University
London Sport Institute

Sports fixtures

WEDNESDAY 26TH FEBRUARY - YEAR 3/4 SPORT FOR ALL DODGEBALL AT TALACRE
3.10 - 5.40PM

THURSDAY 27TH FEBRUARY - YEAR 5/6 GIRLS ARSENAL FOOTBALL TOURNAMENT
AT MARKET ROAD (ISLINGTON) 8.30 - 3.30PM.

TUESDAY 3RD MARCH - YEAR 3/4 GIRLS FOOTBALL FESTIVAL AT TALACRE
9AM-12.30PM

WEDNESDAY 4TH MARCH - YEAR 5/6 SPORT FOR ALL DODGEBALL AT TALACRE
3.15-5.40PM

TUESDAY 10TH MARCH - YEAR 3-6 CAMDEN KEY STEPS GYMNASTICS COMPETITION
AT TALACRE 9AM-1PM

WEDNESDAY 11TH MARCH - YEAR 5/6 CAMDEN SPORT FOR ALL BOYS FOOTBALL AT
TALACRE 3.15-5.40PM

WEDNESDAY 18TH MARCH - YEAR 5/6 CAMDEN SPORT FOR ALL GIRLS FOOTBALL AT
TALACRE 3.15-5.40PM

WEDNESDAY 11TH, 18TH & 25TH MARCH YEAR 3-4 ARSENAL HUB FOOTBALL 3-6PM
AT ARSENAL HUB (ISLINGTON)

This is a provisional list which is subject to change. Selected pupils will receive a letter from Mr Purcell approximately a week before the event.

I'm still trying to give as many pupils as possible a chance to represent Beckford at Sport so please watch out for those letters in bags!

